



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black



NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black

COVER STORY

READER'S DIGEST

Find the Doctor You **TRUST**

*Rushed appointments.
Profits over patients.
Faulty diagnoses. There are
plenty of reasons to worry
about medical providers
today. A veteran RD
health journalist shares
hard-won lessons from
her reporting—and
from her family's
own health crisis.*

BY *Michelle Crouch*

PHOTOGRAPHS BY
Hannah Whitaker

56 MARCH 2020



In 2011, my husband, Pete, began having strange episodes of light-headedness. They lasted less than a minute and often happened when he exercised. He went to see his longtime primary care physician, who suspected he was dehydrated.

RD.COM 57

NEY MELO

Height: 5'11" Chest: 42" Waist: 32" Hip: 42" Collar: 15.5" Suit: 40 Shoe: 10.5 US Hair: Salt and Pepper Eyes: Black